

OVERCOMING FEAR

(PART 6)

The Fear We Don't Talk About

1 Corinthians 15:50-58

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August 29, 2010

The fear of death is the fear most people avoid talking about, but faith in Christ gives us peace about death and confidence for living.

*** Why are people afraid of death? Because of:**

1. The sobering thought of _____.

Just as man is destined to die once, and after that to face judgment, so Christ was sacrificed once to take away the sins of many people; and He will appear a second time, not to bear sin, but to bring salvation to those who are waiting for Him. Hebrews 9:27-28

See John 5:21-30

The solution: Be prepared through faith in Jesus.

2. The uncertainty of _____ it will _____.

See 2 Corinthians 5:1-10

The solution: Have a sanctified view of suffering.

I want to know Christ and the power of His resurrection and the fellowship of sharing in His sufferings, becoming like Him in his death, and so, somehow, to attain to the resurrection from the dead. Philippians 3:10-11

For it has been granted to you on behalf of Christ not only to believe on Him, but also to suffer for Him.... Philippians 1:29

3. Not knowing _____ it will _____.

The length of our days is seventy years—or eighty, if we have the strength; yet their span is but trouble and sorrow, for they quickly pass, and we fly away.... Teach

us to number our days aright, that we may gain a heart of wisdom. Psalm 90:10 & 12

All the days ordained for me were written in your book before one of them came to be. Psalm 139:16

The solution: Live each day with an eternal purpose.

4. Discomfort with the mystery of the _____.

Solution: Always remember what is true about those who die in the Lord.

See 1 Thessalonians 4:13-18

- A. They are with Jesus in heaven.
- B. They are looking forward to the return with Christ.
- C. They have a glorified existence in heaven.
- D. They have no suffering or sadness.

See Revelation 21:1-4

What to do to overcome fear of death . . .

- 1. Make sure you have had a genuine conversion experience and that you are growing in your faith journey with Christ as Lord of your life.
- 2. Live each day with purpose and confidence by seeking to please the Lord. Paul wrote: “*Therefore, my dear brothers, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.*” 1 Corinthians 15:58
- 3. Be determined to finish strong by consistently and daily being the best you can be for Jesus Christ.

All Scriptures are from the New International Version unless otherwise indicated.